Copperfern Internal Medicine

2200 Alder Falls Parkway, Suite 310, Alder Falls, ST 00000 Tel (555) 555-0142 Fax (555) 555-0143

REFERRAL TO NEPHROLOGY

Patient: FALLOWMERE, ROSALIND DOB: 03/17/1958 MRN: 448213

Sex: F Phone: (555) 555-0181

Address: 27 Heronsgate Lane, Alder Falls, ST 00000

Insurance

Plan: Fernleaf Health Plan (PPO) Member ID: FLH-0000-41872 Group: 00417

Prior authorization: required. Status: pending.

Referring provider

Dr. Imogen Tavish NPI: 9990001234

Copperfern Internal Medicine Tel (555) 555-0142 Fax (555) 555-0143

Refer to: Juniper Court Nephrology Date of referral: 10/02/2026

Reason for referral

Progressive decline in kidney function over the past three months. Creatinine 2.4 mg/dL on 09/25/2026, up from 1.9 mg/dL on 07/06/2026. eGFR 24 mL/min/1.73m2 on 09/25/2026, down from 35 mL/min/1.73m2 on 07/06/2026. Blood pressure has been above goal at the last two visits. Please evaluate and advise on management.

Requested: new patient consult within 4 weeks.

Patient: FALLOWMERE, ROSALIND DOB: 03/17/1958 MRN: 448213

Active diagnoses

- Chronic kidney disease stage 4
- Hypertension
- Type 2 diabetes mellitus

No history of kidney stones.

Current medications

metformin 500 mg twice daily
carvedilol 25 mg twice daily
atorvastatin 40 mg at bedtime
amlodipine 10 mg daily

Allergies: sulfa drugs (rash).

Family history

Mother had polycystic kidney disease and started dialysis at age 58. Father had coronary artery disease and died of a myocardial infarction at 71. No family history of kidney cancer.

Social history

Former smoker, quit in 2011. Does not drink alcohol. Retired bookkeeper.

Copperfern Internal Medicine

2200 Alder Falls Parkway, Suite 310, Alder Falls, ST 00000 Tel (555) 555-0142 Fax (555) 555-0143

REFERRAL TO NEPHROLOGY (page 3 of 3)

Patient: FALLOWMERE, ROSALIND DOB: 03/17/1958 MRN: 448213

Recent results (collected 09/25/2026)

Potassium: 5.0 mmol/L
Hemoglobin: 13.3 g/dL
Bicarbonate: 23 mmol/L
Urine albumin/creatinine ratio: 835 mg/g
Hemoglobin A1c: 8.4 %

Imaging

Renal ultrasound 08/19/2026: kidneys small and echogenic bilaterally. No hydronephrosis.

Attached: last two office notes and current medication list.

Electronically signed: Dr. Imogen Tavish 10/02/2026